

**Nom de l'élève :** .....

**Classe :** .....

**Epreuve obligatoire de langue vivante étrangère au Baccalauréat  
professionnel**

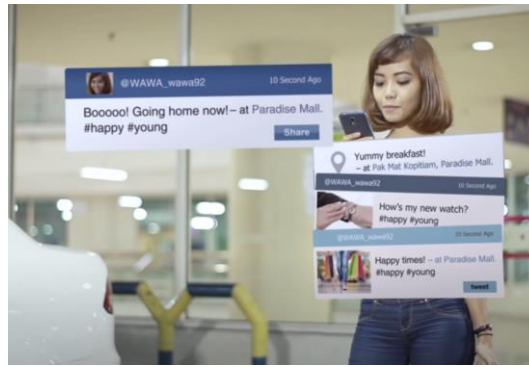
**ANGLAIS**

**Evaluation en cours de formation  
(CCF)**

**Situation A : épreuve écrite commune en trois parties**

**Durée 1h00**

## Oversharing



<https://www.youtube.com/watch?v=s4KLKvbJnS8> jusqu'à 1'30''

→**Déroulement :**

Vous allez visionner une vidéo à 3 reprises.

Vous pouvez prendre des notes au fur et à mesure ainsi que pendant les pauses.

A l'issue du 3ème visionnage, vous rendrez compte du document **en français**.

→**Consigne :**

Vous rendrez compte du document **en français**. Vous indiquerez la nature du document, le thème, la fonction et la portée du document (divertir, informer ...)

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## Partie 2 : Compréhension de l'écrit

→ **Consigne** : Lisez le texte ci-dessous et rédigez un compte rendu **en français**. (Vous préciserez la nature du document, le thème, dégagerez les éléments principaux...)

### Ready to take a break from social media?

BY ANDRA CHANTIM

January 31, 2020



There is no denying that social media has become a huge part of modern life. Apps like Facebook, Instagram, and Twitter help us stay connected with loved ones, catch up on news, and discover both beautiful destinations and inspiring people. Yet you may find that spending hours on end scrolling through various feeds can leave you feeling anxious, drained, or dissatisfied. So how do you know if you are in need of a social media detox? “Reflect on your habits and evaluate how social media makes you feel and how it impacts your life,” says Catherine Price, author of *How to Break up With Your Phone*. “Is it negatively impacting your mental wellness? How about your productivity and creativity? Is it taking time away from the activities that make you happy?”

It is important to note that there is nothing inherently wrong with spending time on social media, according to Price. “The important thing is to use it with purpose and intention,” she says. If, upon reflection, you are able to identify any negative effects that the apps have had on your life, then it’s time for a social media break.

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*Adapted from <https://www.goodhousekeeping.com>*

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**Partie 3 : Expression écrite**

→ Consigne :

Vous traiterez, **en anglais** et en 100 mots minimum, l'un des deux sujets suivants, au choix.

**Sujet 1** : What do you think of social media? What are the advantages and drawbacks?

**OU**

**Sujet 2** : You have noticed that **too many workers in your firm use social media at work**. Write them **an e-mail** to advise them to slow down or even stop. Explain why.

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